



NEIL STONE'S

Karate Academy

The Study of Uechi-Ryu Karate

February S.T.A.R.S. Challenge for Younger Students

Pillar of Character

(thoughts become words)

Being organized is an important part of life. Right now you should focus on living an organized life. Start off by keeping your room organized and keeping all your toys and things organized. It sounds small, but that is at the foundation of growing up and living an organized life. From there, you will want to learn how to organize all your activities. As you grow older you will be doing more and you will need to stay organized so you don't miss anything.

Quotes from Masters

(words become actions)

Plan your work, work your plan

Being organized is an action, not a saying

For parents:

If you run into some challenges when working with your child on organization relate keeping their room clean to keeping the dojo clean. *"If Mr. Stone was here right now do you think he would consider your room organized?"*

Character into Practice

(habits become character)

Make sure that everything in your room has a proper place.

Every day be sure that all your belongings are in their proper place.

Do not wait until your parents ask you to clean up. If you wait to be asked if you are cleaning up a room, you are not staying organized. Putting things away before being asked is staying organized.

Personal Outreach

(actions become habits)

This month on the back of this paper we will ask that you draw a few pictures of either your bedroom or playroom.

The first drawing is of it being disorganized and the second drawing of the room being organized. Circle 5 items that in the drawing you organized.

Parent's Signature: _____

Student's Signature: _____

S.T.A.R.S. – Students Taking a Responsible Stance (character becomes destiny)