



## Adult Promotion Requirements

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### Rank: Jukyu (white belt)

- ☉ Basic knowledge of school and student creed.
- ☉ Basic self-defense techniques such as punching, kicking, and blocking.

### Rank: Kyukyu (white w/1 green stripe)

- ☉ Basic knowledge of Sanchin kata
- ☉ Basic knowledge of Kumite 3
- ☉ Familiar with basic history and Questions 1-10 of Uechi Ryu Student Study Guide

### Rank: Hachikyu (white w/ 2 green stripes)

- ☉ Sanchin kata
- ☉ Kumite 3
- ☉ More familiar with history of Uechi Ryu and Study Guide Questions 1-20

### Rank: Sichikyu (white w/3 green stripes)

- ☉ Able to perform Sanchin kata
- ☉ Able to perform Kumite 3
- ☉ Basic knowledge of Kanshiwa kata
- ☉ Kyu kumite 1-3
- ☉ Familiar with history of Uechi Ryu and Study Guide Questions 1-30

### Rank: Rokkyu (white w/solid green bar)

- ☉ Able to perform Sanchin kata
- ☉ Able to perform Kanshiwa kata
- ☉ Able to perform Kumite 3
- ☉ Able to perform Kyu kumite 1-3
- ☉ Basic knowledge of Kanchu kata and Kyu kumite 4



- ☉ Familiar with history of Uechi Ryu and Study Guide Questions 1-40

### **Rank: Gokyu** (green)

- ☉ Performing Sanchin kata, Kanshiwa kata, and Kanchu kata
- ☉ Performing Kumite 3
- ☉ Performing Kyu Kumite 1-4
- ☉ Familiar with history of Uechi Ryu and Study Guide Questions 1-50

### **Rank: Yonkyu** (green w/brown stripe)

- ☉ Performing Sanchin kata, Kanshiwa Kata, Kanchu kata, Seichin kata
- ☉ Performing Kumite 3
- ☉ Performing Kyu Kumite 1-5
- ☉ Know the eight virtues
- ☉ Familiar with history of Uechi Ryu and Study Guide Questions 1-60

### **Rank: Sankyu** (brown Belt w/black stripe)

- ☉ Performing Sanchin, Kanshiwa, Kanchu, Seichin katas
- ☉ Performing Kumite 3
- ☉ Performing Kyu Kumite 1-5
- ☉ Familiar with history of Uechi Ryu and Study Guide Questions 1-70

### **Rank: Nikyu** (brown w/ 2 stripes)

- ☉ Performing Sanchin, Kanshiwa, Kanchu, Seichin, and Seisan katas
- ☉ Performing Kumite 3 and Kyu Kumite 1-5
- ☉ Dan Kumite 1-5
- ☉ Seisan bunkai
- ☉ Know the eight virtues and their meanings



- ☯ Familiar with history of Uechi Ryu and Study Guide Questions (all)

**Rank: Ikkyu** (brown w/3 stripes)

- ☯ Performing Sanchin, Kanshiwa, Kanchu, Seichin, and Seisan katas
- ☯ Performing Kumite 3 and Kyu kumite 1-5
- ☯ Dan kumite 1-6
- ☯ Knowledge of Uechi Ryu History and Study Guide Questions (all)

**Rank: Shodan** (black belt)

- ☯ Proficiency on all material :
- ☯ Sanchin, Kanshiwa, Kanchu, Seichin, Seisan katas
- ☯ Kumite 3, Kyu kumite 1-5
- ☯ Dan kumite 1-6
- ☯ Seisan bunkai
- ☯ Written exam required, knowledge of history, terms, lineage, ranks
- ☯ Knowing the eight virtues and their meanings
- ☯ Essay on how martial arts has contributed to your everyday life